

MISP YOUTH 2025

Meeting International de Sauvetage en Piscine
pour les Jeunes
International Pool Lifesaving Meeting for Youth



March 29, 2025



Address :

**Olympic Swimming Pool
Avenue des Puddleurs 51
4100 Seraing
BELGIUM**

With the support of



**50m pool, 8 lanes
Manual timing**

Events

- 100m OBSTACLE SWIM
- 4x50m OBSTACLE RELAY
- 50m MANIKIN CARRY WITH FINS

Pause

- 100m SUPER LIFESAVER
- 50m MANIKIN CARRY
- 4x25m MANIKIN RELAY

Pause

- 50m RESCUE MEDLEY
- 50m MANIKIN TOW WITH FINS
- 4x50m MEDLEY RELAY

Our Program

12.45 Registration and warming-up

13.00 Officials meeting

13.15 Team captains meeting

13.20 End of warming-up

13.30 Events

18.00 End of the competition

Registration fee

8,00 € per athlete.

IBAN : BE46 0012 3008 0036

BIC : GEBABEBB

There is no minimum or maximum athlete per club.

The entrance is free for spectators.

Registration form

a.romanini@lfbs.org

Deadline: March 10, 2025

An acknowledgement of receipt will be sent.

Heats will be defined on the basis of registration times.

Entries must be made by "Team Manager" or "Splash Entry Editor" (Lenex). www.lfbs.org - **News**

Lunch

No lunch provided.

The poolside cafeteria will be open from 12:30 to 19:00. Drinks and snacks (sandwiches, etc).



Medals

Medals will be presented for the 1st, 2nd and 3rd place in individual and team events.

Swim caps

It shall be necessary for all competitors to wear club swim caps for all events.

Timed Finals

The ranking will be determined directly based on race times - **no preliminary heats.**

Age groups

BENJAMIN : From 10 to 12 year (2015-2013)

MINIME : From 13 to 14 year (2012-2011)

Competition Rules

4 individual events maximum per athlete.

A relay team consists of a maximum of 5 athletes.

Individuals events description:

Little yellow manikin is used. **The carbon fins are not permitted for both categories.**

100m obstacle: same obstacle as the higher categories,

50 m manikin with fins: 25 m swim and 25 m with the little yellow manikin

50 m rescue medley: 25 m swim, dive and swim 10 m underwater till a submerged little yellow manikin, surface with the manikin and carry it to the edge

50 m manikin carry: same as the higher categories. The manikin is a little yellow one

50 m manikin tow with fins: swim 25 m with fins and a tow, fix a classical orange manikin and tow it until the finish edge

100 m super lifesaver: 25 m swim, 25 m carrying a little yellow manikin, do fins and rescue tube, 25 m swim, fix a classical orange manikin and tow it until the finish edge.

Relays description:

There is only one category for the relays. Benjamins and minimes together.

The manikin relay will be done with a **little yellow manikin.**

