



MISP'25

Meeting International de Sauvetage en Piscine
International Pool Lifesaving Meeting

With the support of



April 06, 2025



Address :

**Olympic Swimming Pool
Avenue des Puddleurs 51
4100 Seraing
BELGIUM**



**50m pool, 8 lanes
Electronic timer**

Events

- 200m OBSTACLE SWIM
- 4x50m OBSTACLE RELAY
- 100m MANIKIN CARRY WITH FINS

Pause

- 200m SUPER LIFESAVER
- 50m MANIKIN CARRY
- 4x25m MANIKIN RELAY

Pause

- 100m RESCUE MEDLEY
- 100m MANIKIN TOW WITH FINS
- 4x50m MEDLEY RELAY

Our Program

07.00 Registration and warming-up

07.20 Officials meeting

07.40 Team captains meeting

07.50 End of warming-up

08.00 Events

17.00 End of the competition

Registration fee

12,00 € per athlete.

IBAN : BE46 0012 3008 0036

BIC : GEBABEBB

There is no minimum or maximum athlete per club.

The entrance is free for spectators.

Registration form

a.romanini@lfbs.org

Deadline: March 17, 2025

An acknowledgement of receipt will be sent.

Heats will be defined on the basis of registration times.

Entries must be made by "Team Manager" or "Splash Entry Editor" (Lenex). www.lfbs.org - [News](#)

Lunch

Lunch will be provided for volunteers (officials, divers, others).

The poolside cafeteria will be open from 7:00 to 19:00. Drinks and snacks (sandwiches, etc).



Competition Rules

4 individual events maximum per athlete.

A relay team consists of a maximum of 5 athletes.

ILS rules are applicable.

Timed Finals

The ranking will be determined directly based on race times - **no preliminary heats.**

Age groups

CADET : From 15 to 16 year (2010-2009)

OPEN : From 17 year (2008 and before)

Medals

Medals will be presented for the 1st, 2nd and 3rd place in individual and team events.

Swim caps

It shall be necessary for all competitors to wear club swim caps for all events.

Technical officials needed

Belgian clubs: Belgian rules apply to the contribution of officials.

Foreign clubs: The organiser asks at least 1 judge (either « Finish », « Lane », « Course », of « Turn Judges ») per club.

If you cannot propose a technical official, a supplement of 30,00 € will be requested at the registration.

