



The Danish SLS Championship 2022

The Danish Surf Life Saving Championship is an annual event where members from Denmark and foreign countries come together to compete in beach and ocean events. It is the largest event of its kind in Denmark. It's a two day event.

Start: Saturday the 20th of august at 11:00 am

Finish: Sunday the 21st of august at 13:00 pm

at Klitmøller Beach in Thy

Information

The competition is held as a junior (class 2004-2007) and a senior competition (class 2003 and older). Foreigners are allowed to participate. However they can not win the Danish Championship.

In addition there will be a competitions for kids. See below table for classes. If there is less than 5 participants in one class it will be merged with the nearby class.

Class	Year
12 years of age and younger (kids) = AK12	2010 and younger
14 years of age and younger (girls and boys) = AK14	2008-2009
Junior = JR	2004-2007
Open class (senior) = ÅK	2003 and older
Master	1982 and older

Relay competition
Relay teams are placed in the class of the oldest participant in the team.
Mix = At least one girls in the team
In JR and ÅK mix-relays will compete in the boys class

Everyone can participate. However to be able to win a Danish championship you have to be a member og a club under the Danish swimming federation. Everyone competing should be able to swim 200 m in open water without any resting. For further information about the disciplins please read [here](#).

Class 2008-2009 can compete in surf ski race. However, they should be able to paddel the ski and if the conditions requires it. Helmets are mandatory. A helmet for cycling is approved.

Saturday evening a social dinner and cosy time at NASA (North Atlantic Surf Association) club house will be held. More information will come.

Overall winner of the Danish Championship

There will be announced an overall winner in open class and junior class. The winner will be the one with the most points in the following: 2 km run, surface, surfski race, board race, beach flags, beach sprint og oceanman/-woman.

Pointscore:

1. Place 5 point
2. Place 3 point
3. Place 1 point

Everyone participating in the event will compete in the overall winner.

Lokation

Klitmøller Beach. If the conditions are too rough the event will be moved to an appropriately designated area in Thy. The final destination will be announced in the last week leading up to the event.

Time schedule

Friday: It's possible to get accommodation*.

Saturday

Kl. 8:00-10:00 Breakfast in NASAs Clubhouse, Hummerhuset, Klitmøller*

Kl. 11:00 Warm up and briefing

Kl. 11:30 Competition start

Kl. 17:30 Award ceremony

Kl. 18:00 Expected finish

Kl. 18:00 Social dinner in NASAs klubhus, Hummerhuset, Klitmøller*

It's possible to get accommodation*.

Søndag

Kl. 7:00-8:00. Breakfast in NASAs Clubhouse, Hummerhuset, Klitmøller*

Kl. 8:00 Warm up and briefing

Kl. 8:30 Competition start

Kl. 12:30 Award ceremony

Kl. 13:00 Expected finish

**information and sign up see: "Accommodation and catering".*

Events

Overview over every single event at the Danish SLS Championship.

Everyone = all individual classes

Nr.	Event: Run	Class
1 + 2	2km Run**	Everyone

3 + 4	Beach Sprint *	Everyone
5 + 6	Beach Flag *	Everyone
7 + 8	4 x 90m Sprint (4 pers. pr. team) *	Everyone
Nr.	Event: Swim	Class
9 + 10	Surface *	Everyone
11+12	Rescue tube race *	Everyone
13 + 14	Rescue Tube (4 pers. pr. team)	Women + Men (master/senior/junior) Girls + Boys year 2008-2009
15	Rescue Tube (kids) (4 pers. pr. team)	Kids 2010 and younger
Nr.	Event: Board	Class
16 + 17	Board Race*	Everyone
18 + 19	Board Race Technical (3 laps board race)*	Women + Men (master/senior/junior) Girls + Boys year 2008-2009
20 + 21	Board Rescue (2 pers. pr. team)	Women + Men (master/senior/junior) Girls + Boys year 2008-2009
22 + 23	Board Relay (3 pers. pr. team)	3 Women + Men (master/senior/junior) Girls + Boys year 2008-2009
24	Board Relay (kids) (3 pers. pr. team)	Kids 2010 and younger
25	Board Rescue (kids) (2 pers. pr. team)	Kids 2010 and younger
Nr.	Event: Ski	Class
26 + 27	Surf Ski Race *	Women + Men (master/senior/junior) Girls + Boys year 2008-2009
28 + 29	Surf Ski Technical (3 rounds surf ski race)*	Women + Men (master/senior/junior) Girls + Boys year 2008-2009
Nr.	Event: Run, swim, board, ski	Class

30 + 31	Oceanwoman + Oceanman	Damer + Herre (master/senior/junior)
32 + 33	Oceanwoman + Oceanman, Relay (4 pers. pr. team)	Damer + Herre (master/senior/junior)

* The distance in the single event will be customised to the class

** 2008 and younger run 1 km

Program

Tentatively program for the Danish SLS Championship 2022

NB: Change in program may occur due to weather and water conditions. This is also the case during the event. The final program will be present during the week leading up to the event. In case of too many participants heat limits may occur. In addition classes with less than 5 participants will be merged with other classes.

The competition can be held in two arenas one for kids and on for the rest. If the conditions do not allow all to participate in the same area.

Lørdag

Nr.	Event	Class
9	Surfrace	Everyone
10	Surfrace	Everyone
11	Rescue tube race	Everyone
12	Rescue tube race	Everyone
24	Board Relay (kids) (3 pers. pr. team)	Kids 2010 and younger
26	Surf Ski Race	Women (master/senior/junior) Girls year 2008-2009

27	Surf Ski Race	Men (master/senior/junior) Boys year 2008-2009
15	Rescue Tube (kids) (4 pers. pr. team)	Kids 2010 and younger
16	Board Race	Everyone
17	Board Race	Everyone
1	2 km run	Everyone
2	2 km run	Everyone
Pause	30 min.	
20	Board Rescue (2 pers. pr. team)	Women (master/senior/junior) Girls year 2008-2009
21	Board Rescue (2 pers. pr. team)	Men (master/senior/junior) Boys year 2008-2009
25	Board Rescue (Børn) (2 pers. pr. team)	Kids 2010 and younger
30	Oceanwoman	Women (master/senior/junior)
31	Oceanman	Men (master/senior/junior)
22	Board Relay (3 pers. pr. team)	Women (master/senior/junior) Girls year 2008-2009
23	Board Relay (3 pers. pr. team)	Men (master/senior/junior) Boys year 2008-2009

Sunday

Nr.	Disciplin	Klasse
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3	Beach Sprint	Everyone
4	Beach Sprint	Everyone
13	Rescue Tube (4 pers. pr. team)	Women (master/senior/junior) Girls year 2008-2009
14	Rescue Tube (4 pers. pr. team)	Men (master/senior/junior) Boys year 2008-2009
5	Beach Flag	Everyone
6	Beach Flag	Everyone
18	Board Race Technical (3 laps board race)	Women (master/senior/junior) Girls year 2008-2009
19	Board Race Technical (3 laps board race)	Men (master/senior/junior) Boys year 2008-2009
Pause	30 min.	
28	Surf Ski Technical (3 laps surf ski race)	Women (master/senior/junior) Girls year 2008-2009
29	Surf Ski Technical (3 laps surf ski race)	Men (master/senior/junior) Boys year 2008-2009
7	4 x 90m Sprint (4 pers. pr. team)	Alle
8	4 x 90m Sprint (4 pers. pr. team)	Alle
32	Oceanwoman Relay (4 pers. pr. team)	Damer (master/senior/junior)
33	Oceanman Relay (4 pers. pr. team)	Herrer (master/senior/junior)

Tilhørende regler

ILS competition manual 2015-19 is used at the event ([ILS manual](#)).

Mix-teams will compete in mens division.

Registration

Registration fee

The registration fee is 300 kr pr. person for unlimited number of starts. Late registrations fee is 300 kr. pr. start. The registration fee is not refundable.

All clubs who have 5 participants or more will present at least one official at the event (education is not required). Registration of the officials will be at link@svoem.dk no later than the 10. of august 2022.

Registration for individuals and relays are via the following.

Registration is [here](#).

Registration deadline is monday the 10. of august 2022. However, late registration is possible until 24 hours before the event starts

OBS – Relay teams should be sendt at least 8 days prior event start.

Accommodation and catering

Accommodation and catering is ordered by:



<https://www.nasa.coldhawaii.eu/billetter/?fbclid=IwAR0b2dodR9sG8sPeCs4ttMlo5c01NaExlvuDbbRywqnxvwQheGruf5b7huM>

You will receive the order by e-mail and is presented at the event (*digital or analog*).

Registration deadline for accommodation and catering is the 10. of august 2022

Meals are served at NASAs Clubhus, Hummerhuset i Klitmøller:

Breakfast, Saturday: 30 kr pr. person

Dinner, Saturday: 150 kr pr. person

Breakfast, Sunday: 30 kr pr. person

Accommodation is at a school in Bedsted (HF-Outdoor, Hedegårdsvej 59, 7755 Bedsted Thy), 25km/20min south of Klitmøller. Bring you own sleeping mat and sleeping bag.

Shower and catering will be at NASAs Clubhus, Hummerhuset i Klitmøller.

Accommodation friday-sunday + 2 x breakfast og 1 x dinner: 300 kr pr. person

Accommodation saturday-sunday + 1 x breakfast and 1 x dinner: 230 kr pr. person

Questions regarding accommodation and catering: iben@coldhawaii.eu

Questions

Questions should be directed to “Livredningsudvalget” via LISK@svoem.dk or Iben Johansen via iben@coldhawaii.eu

We are looking forward for a fantastic event.

Kind regards

Livredningssektionen, Dansk Svømmeunion,
NASA (Surf Life Saving) og Østjysk Livredning